











INSPIRA IS NOW AVAILABLE EVERY QUARTER INSTEAD OF BI-MONTHLY

#### KEY MESSAGE

03 Keynote from the MD

#### SPECIAL FEATURES

- **14** Eagles Graduation 2014
- Chain of Confidence Making Headlines Around the World
- Live it up, Light it up
- Tupperware Brands EduPlan
- Start Them Young Tupperware Eco-Warriors in Primary Schools

#### HONOURS & RECOGNITION

08 Rank-Up

**Testimonials** 

#### LIVING WELL

- Azura's Beauty Pick of The Month
- NNWFS The Best Choice for Your Family
- 22 5 Facts on Milk Thistle



Nutrimetics bagged 3 awards for Best Exfoliating Scrub (Honey & Almond Scrub), Best Hydrating Cleanser (Foaming Facial Cleanser) by Her World and Beauty Best Seller (Brightening Oxygen Treatment) by Female, Eh! & Nuvou.



#### **EASY RECIPE WITH KITCHEN MUST-HAVES**

Enjoy fast and easy cooking using Asian Meals. Also featured in Keluarga, Wanita and Rasa magazines were the top must-have Tupperware items in every kitchen.









#### SECRET TO YOUTHFUL SKIN

Nutrimetics Restore range is the perfect anti-ageing solution that can do wonders to slow down anti-ageing. Rich in Sauvignon Blanc Concentrate, the Restore range is formulated to help you overcome the effects of ageing.



The Inspira magazine is published for Tupperware Distributors by Tupperware Brands Malaysia Sdn. Bhd. (287324-M) (AJL93542), 6, Jalan SS13/4, Section 13, Subang Jaya Industrial Estate, 47500 Subang Jaya, Selangor. Tel: 603-5636 5500

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Ensuring a



All parents have high aspirations for their children's education. Many consider their children's education as their best investment. The costs of higher education and especially that of overseas university study fees seem to be getting more expensive each year.

And that is why at the recent Jubilee we launched the (EduPlan). In today's society with couples getting married at a later age, this also means that the time left to plan for your children's education is also decreasing. Hence you should start planning your children's education fund early and even before you have children.

With the Cash that we pay you under the EduPlan, you can take control of how you want to use it. You can utilise it immediately to pay for books, uniforms, shoes and all the necessary expenses needed to start your kids in school or college. Alternatively you can invest it wisely and let the fund grow as your child grows. By the time she or he is ready for college, you already have a sizeable amount ready for him or her.

With the Tupperware Brands Education Plan, be confident that you are ensuring a brighter future for your children.

#### **Tham Ying Hoong**

Managing Director

**CONTENT** 



This program is about bringing out one's best potential. All the Eagles have gone through tremendous transformations - be it in business development or personal development. They are now better in public speaking; they work with more focus and most importantly, they have within themselves the internal drive - the determination to never give up! As such, it comes as no surprise to see such amazing results in their businesses. They are performing at 2-3 times the national average in their sales growth, new directors developed and new recruits. I'm so proud to see that they are consistently improving themselves and that they have such high level of commitment for success. To my dear Eagles, may you soar higher and higher!

SDM Norlela Mohd. Nashai (Ella); is the Eagle Program Director. Affectionately known as 'Mama Eagle', Ella has been instrumental in training the young eagles to be strong, focused and high performing individuals.





Inilah platform perguruan bagi saya meneruskan pembelajaran dalam menguruskan bisnes Tupperware Brands tidak berani kita tak akan berjaya, kerana itu kita tidak akan menjadi contoh yang baik.



#### Aida Abd Hamid

diri sendiri, kelebihan yang saya ada. Di dalam Eagles program, saya diajar untuk menjadi lebih kuat menyambut segala cabaran. Saya buktikan pada diri saya,

#### **Romlah Mat Said**

kepada kuasa parti dan kuasa demo. Dulu

bangga kerana bulan ke bulan menunjukkan peningkatan,



#### Fadiliyatul Mailina **Bt Mohamad Razali**

Dalam Program Eagles, inilah 5 perkara yang saya bawa pulang: Encouragement, Action-oriented, Gratitude, Leadership, Empowerment



### Be Like An Eagle

If you want to unleash your best potential, here's your moment to shine. Let your upline know you're interested in joining the upcoming Eagles Program. It won't be easy, but we promise it is definitely rewarding!



#### Mas Ayuzie Jamaludin

Now you can see the new me, standing in front of you, with confidence and more relaxed. Saya sekarang suka buat recruiting rally, setiap bulan pasti ada sekurang-kurangnya 2 recruiting rallies dalam organisasi saya. Eagles Program memang impactful!

Raj Sayda Muna Abd Rahman

selepas menyertai workshop Eagles, saya belajar untuk senyum. Saya mendapati bila saya senyum, orang akan datang. 1 kali senyum, 10



sahaja. Sekarang, saya lebih yakin untuk bercakap di khalayak ramai walaupun di hadapan saya ialah orang-orang yang



Kita belajar menyelesaikan masalah, belajar untuk menampilkan diri di khalayak ramai, dan juga belajar macam mana menyelesaikan masalah orang lain juga. Bila kita ada ilmu pengetahuan, kita buat dengan perancangan yang baik, kita menjadi lebih berani. Saya yakin dengan ilmu yang saya dapat dan pengalaman yang saya tarik dari program ini akan menolak saya ke atas untuk lebih berjaya.



#### **Norilah Hassan**

Saya belajar 4 elemen yang paling penting iaitu, *Leadership, Motivation, Relationship, Trust/Honesty.* Buangkan alasan, kita boleh berjaya, terus berjalan tanpa menoleh belakang, kerana kita pasti berjaya.



#### Nosihah Binti Sulaiman

Walaupun program Eagle sudah tamat, saya akan terus mempraktikkan dan merebakkan ilmu pengetahuan yang saya ada kepada semua downline saya untuk terus maju dan menuju ke puncak jaya.





#### **Sharifah Sabariah**

amalkan, ilmu tanpa amal ibadah pokok tanpa buah. Begitulah kita dalam perniagaan.Kita mesti ada satu pelajaran khusus, mesti ada apa yang kita apply, barulah ianya menjadi satu kejayaan.







# ASSOCIATE EXECUTIVE DIRECTOR

# Congratulations!

DIRECTOR

EXECUTIVE



May 2014 **WONG YUET PENG** 



MOHD NORKAMARULEZANE BIN MOHAMAD ZAIN



May 2014 MAIMUNAH BT OMAR



May 2014 PENSRI CHAIPUNYA



TATY BINTI MOHD YASIN



ZARINA BAZID



Jul 2014 FAZLINDA FAUZI



Jul 2014 HAFIZAH BINTI MAT ALI



AMANINA SYAMIMI MD RIZAL



NOORLIDA BINTI



May 2014 ROSMAH BINTI



Jun 2014 ZAIDAH MOHAMAD



Jun 2014 SURIYANA BT SULONG



Jun 2014 HUANG WANZHEN



Jul 2014 NOR SAZAWATI BINTI MOHD AZHA



Jul 2014



Jul 2014 NUR HUWAINA BINTI HASSAN



Jul 2014 **CHONG SIAT MOY** MOHD AKMAR FIRDAUS B ISHAK

KAMSIAH ZAKARIA





May 2014



May 2014 MOHD NOR NORAISYAH BINTI AHMAD FIRDAUS PUTRI ISMA IFA HAMIDAH ISMAIL KHAIRUL AZAM BIN MOHAMAD RAHIM BIN ABD RAHMAN BINTI ISMAIL



Jun 2014

Jun 2014 ROSYATIMAH

BINTI ISMAIL

Jul 2014

MAYA ROSANA BINTI HAMDIN



Jun 2014 SYARIFAH SALMIAH BINTI



Jun 2014 Jun 2014 MUNIRA BINTI LUTFI BINTI MOHD



May 2014

Jun 2014 MUHAMMAD KHAIRUL HAIQAL B SALEHAN

Jul 2014

HO BOON WEI

MALAYSIA - MAY 2014

ASNOR SAMIZA BINTI MOHD SALLEH

SALMA MAT JUSOH

KOH POH LAI

ELPPY BAVOH

LEE SIEW LAN

**ROSMAN BIN SUNI** 

**YAP SHENG JIE** 

**LOH MEI HING** 

RAFIDAH ABDUL AZIZ

AMIR HAMZAH SARIHAN

KOH LING LEE @WINNIE

MAZNI BT ABDUL RAHIM

NORAZIAH BINTI RAHIM

WONG SHUNG SHUNG

NORANIZA BT MUHD NOOR

**NURULZILA KAMARUZAMAN** 

@ WONG SHANG SHANG

SHAMSULLAINI BT. SAMSUDIN

LATIFAH BINTI SELAMAT

HASNAH BINTI MUSA

TERENCE TING KING SIEW

SITI WAN RAIHAN WAN ABDULLAH

MASTURA BT KAMARUDIN

**5 STARS DIRECTOR** 



Jul 2014

KAMILAH BINTI

**IBRAHIM** 

May 2014
AZA PERTIWI BT HUSSAIN

SALWINA OSMAN JUNI SUKARTO

NURUL AMIRAH BINTI MD SHAFFEE





Jun 2014 NURHAFIZAH BINTI

Jun 2014 Jun 2014 Jun 2014 Jul 2014

ESZRI BIN SIES LIEW SHIN CHEN SHARUDDIN BIN LEE MEE FUNG MOHD AMIN

Jul 2014

NORHAYATI BINTI

**IBRAHIM** 



Jun 2014 SITI HASMAH

BINTI AHMAD

Jul 2014

MARIAM BINTI

PUNDIN



Jul 2014 NURUL ILIANI



Jun 2014 TAN SIEW MEI

SULAIMAN



Jul 2014 Jul 2014
NOORAZIRA BT NORAZLIZA BINTI

Jun 2014 SHARIFAH AINI

**BINTI SYED** 



Jul 2014 SYAHMAN BIN ROSE



Jul 2014 SUHAIZAH BINTI YUSOFF



Jun 2014 LAHONG BINTI

**JADULI** 

**RAHAMAN** 

DZALIHA BINTI HASSAN NOR EZWANI BINTI MAT NOR @ ZAKARIA

Jun 2014 TEH GUAN LIAN MAIZAITUN AKAMAR @ SHIMA BT BEDARUK KAM FONG KAI TEO AI GUEK HISHARINA BT ABDULLAH SUZANA BINTI IBRAHIM CHIN CHOO TAI

Jul 2014 LE GUAY HOON SUE CHEAU TORNG NORMILI BINTI DERAMAN AZILIA MD ARIFFIN MOHD SHAHRULASWADY BIN HUSAIN SITI ZALEHA BINTI IBRAHIM AZII IA MD ARIFFIN CHEW WEIZHONG GERALD

3 STARS DIRECTOR



**MALAYSIA - JUN 2014** WONG YIT SIM RAFEAH BT RAMLI **FAUZIAH BT IBRAHIM ASNAH BINTI UTING TAN POH PENG** ZAHARIAH BINTI DZULKIFLI YOONG WEI LEONG, WILLIAM PAN FUI LING RUMAZIAH BINTI KOTOK RAHMAT BIN AB LATIF NORAINI BINTI ABDULLAH WAN NURAIDAWATI BINTI WAN IDRIS NORLIZA BINTI HASSAN YUSMAIZA BINTI OTHMAN SALWANI BINTI BASRI SARIMAH BINTI ABDULLAH **NURUL SYAMIMI BINTI ABDULLAH** IMELDA FRANCES BASINTAL **TAY LIAN HIONG** MUHAMMAD AFIQ BIN MD SHAFFEE KHAIRUL MUKMIN BIN SAHRIN ZATIL AKMAR BINTI HASAN **NUR DIYANA BINTI KASSIM** RUHIYATY IDAYU BINTI ZAHRAN SITI SARAWANI BINTI ISMAIL SIEW KHYUN @ LOH SIEW KHYUN

**SINGAPORE - JUN 2014** ONG JING QI

ABSHAH BINTI DERUS **NOORAZLINA HUSAIN** WAN ZAITUN BINTI MAMAT SITI AISHAH BINTI SALEH TAN CHEE KEE **NASHITA MD NOOR** MARIANA ARINA BINTI ARIPIN SITI FATIMAH BINTI MOHAMMAD **AJIAH HAMJAH** NUR SHAHRINA BT ABDUL HAMID **NORZERA BINTI RUSLI** KHAIRUNNABIHAH BINTI AHMAD SITI AQILAH BINTI SHARIFF **NUR SHAFIDA BINTI BASORI NURUL NADIAH BINTI YUSOF NIK NUR AMIRAH B.TN MOHDRAHIM PUTRI ISMA EZA BINTI ISMAIL** WAN NURUL IZZA BT MOHMAD NASIR ZAHARAH BINTI MOHD NAWI SHARUNIZAM BIN HUSSAIN **SARWANA BINTI IBRAHIM NURUL NADIAH BINTI MAT AROH** IZATIL FADHILAH BINTI MOHD SUHAIMI RAFIDAH BINTI ALI SUPIA SARUGI BIN BAKAL LIEW JIA GI

MALAYSIA - JUL 2014

**SINGAPORE - JUL 2014** YOONG SOO KIM

Jun 2014

# Congratulations!



Sayalah Tupper-Man **Generasi Y** 

Muhammad Khairul Haigal B Salehan, 5SD

Saya seorang pelajar di IPT dan datang dari keluarga yang kurang berkemampuan membiayai pembelajaran saya di Universiti. Atas sebab tidak mahu membebankan

keluarga, saya tekad untuk mencari perniagaan yang boleh memberikan pendapatan bagi membiayai kos hidup dan pengajian saya. Syukur di pertemukan Tupperware Brands yang telah mengubah dimensi kehidupan saya dari seorang lelaki biasa kemudian diberi suntikan semangat dan peluang lantas berjaya membuat transformasi diri dari segi 'Financial Freedom' dan keyakinan diri.



**Tupperware Brands** mengubah kehidupan saya

Norhayati Binti Ibrahim, 5SD

Saya menyertai bisnes ini ada 2013 kerana saya suka produk Tupperware. Pada masa itu saya

masih bekerja sebagai Ketua Pembantu Makmal di sebuah kolej. Dengan bantuan dan tunjuk ajar dari upline, saya rankup dari 1SD ke 5SD dalam masa 6 bulan! Sekarang, saya menumpukan sepenuh perhatian bagi mengembangkan bisnes ini.

Tupperware Brands telah banyak mengubah kehidupan saya. Kalau dulu saya banyak menghabiskan masa di depan TV, membazir masa sahaja. Sekarang saya sibuk keluar rumah mencari peluang buat demo, dan buat roadshow. Saya dapat ramai kawan, setiap hari jumpa kenalan baru, mencapai berbagai anugerah dan hadiah disamping menjana pendapatan tambahan!



Sharifah Aini Syed Abbas, 5SD

Sebagai seorang suri rumah sepenuh masa, untuk memiliki pendapatan bulanan yang lumayan seperti hari

ini seperti sesuatu yang mustahil. Tetapi pada awal Januari 2013 saya telah tekadkan keazaman untuk meningkatkan pendapatan keluarga dan mencapai matlamat kebebasan kewangan dengan menceburi business ini. Kini, apa yang telah saya dan suami usahakan telah mula membuahkan hasil. Saya berjaya mengubah taraf hidup keluarga, berpeluang melancong ke luar negara secara percuma, mempelajari mengenai selokbelok perniagaan disamping menikmati faedah dan bonus yang menarik setiap bulan.



besar Maya Razlina Binti Abdul Rahaman, 5SD

Kami sebuah

keluarga yang

Saya menyertai bisnes Tupperware Brands pada 2011 setelah berpindah ke Pasir Gudang. Saya bekerja

sebagai seorang kerani di Jabatan Kerajaan tetapi ingin mencari peluang perniagaan untuk menambah pendapatan dan juga mengenali rakan-rakan baru di Johor.

Saya amat bergembira kerana mendapat upline dan kawankawan yang bagaikan sebuah keluarga dalam organisasi. Suami juga yang amat menyokong saya dalam menjalankan bisnes ini. Walaupun saya membuat bisnes Tupperware Brands secara part time, saya dapat melancong ke luar negara dengan '5 Star treatment'.



Tingkatkan taraf hidup keluarga

Syarifah Salmiah Binti Tuan Baru, 5SD

tetap tetapi gaji yang diperolehi hanyalah

Walaupun saya mempunyai kerjaya yang membuat bayaran bulanan kereta saya sendiri. Gembiranya kami sekeluarga sekarang. Saya berpegang teguh kepada sekadar cukup untuk perbelanjaan kata-kata upline saya bahawa jangan mudah putus asa dan bulanan. Kini saya sudah boleh sentiasa positif. Semangat dan keinginan yang tinggi dalam membayar tuisyen anak-anak dan juga diri membantu saya mencapai kejayaan pada hari ini.



U buat, **U** dapat

Nor Sazawati Mohd Azha.

Saya seorang kakitangan swasta dan sentiasa sibuk di pejabat. Tetapi apabila saya mendapati yang komisyen saya betambah dari bulan ke bulan, dari 3 angka

ke 4 angka, walaupun saya membuatnya secara 'parttime', saya semakin seronok dan ingin lebih serius di dalam bisnes ini.

Fokus dan strategi saya untuk rank-up ialah untuk melahirkan seorang DIQ setiap bulan. Saya berpegang pada kata kunci 'U buat, U dapat', rezeki tidak datang bergolek. Yang penting, kita kena berusaha dan jangan cepat mengalah.



**Bisnes Tupperware Brands tiada** tandingannya

**Mohd Norkamarulezane Bin** Mohamad Zain, SED

Sebelum ni saya pernah bekerja sebagai kakitangan kerajaan. Tetapi semuanya berubah

sejak kami menyertai bisnes ini 2 tahun 8 bulan yang lepas. Kami sudah mencapai banyak kejayaan antaranya income 5 angka, Honda CRV, mempunyai business centre sendiri, melancong ke luar negara secara percuma, dan yang terbaru sebagai Juara Rainbow Awards categori ED dengan menerima barangan kemas bernilai hampir 6K! Ternyata memang bisnes ini tiada tandingannya.



This business keeps me motivated

Ho Boon Wei, 5SD

The idea of selling Tupperware products came as just something to do during maternity leave, while taking care of my daughter. To my surprise, I really enjoyed

the Tupperware Brands business. The experience of meeting new people, promoting products that I love, giving encouragement to those who are interested in starting their own business and seeing them grow and succeed is fulfilling and satisfying.



**Hobi yang** menjana pendapatan

Nurul Iliani Binti Mustapa,

Saya seorang guru dan juga seorang ibu kepada empat orang cahaya mata. Minat saya,

mengumpul koleksi Tupperware bagi kegunaan sendiri dan iual kepada kawan-kawan. Hari demi hari minat semakin mendalam kerana koleksi yang makin bertambah. Saya mendapati yang pendapatan saya bertambah juga! Saya berasa sungguh teruja dengan kejayaan yang dialami.

Dengan sokongan suami serta sahabat baik yang turut bergiat cergas dalam bisnes ini, saya mula mengembangkan peluang perniagaan dengan penuh kevakinan. Rahsia kejayaan saya jalah sentiasa membantu rakan-rakan yang turut berhasrat untuk maju dalam keluarga Tupperware Brands kerana kita akan berjaya hersama-sama



Dari pasif ke aktif

Norazliza Binti Abdul Aziz. 5SD

Pada mulanya saya menceburi bisnes bertemu dengan 'upline' yang mengajar saya bagaimana Tupperware Brands secara sambilan, untuk menjana pendapatan yang lebih lumayan, hanya menjual kepada saudara melancong secara percuma dan lain-lain keistimewaan. mara kerana berminat dengan set Setelah menceburi bisnes ini jugalah saya mempunyai level yang begitu cantik dan limited. ramai kenalan dan menjadikan diri saya yang dahulunya Sehinggalah pada suatu ketika saya pasif menjadi aktif, peramah dan lebih berkeyakinan diri.



# Making Headlines CONFIDENCE Around the World

Here's the latest news you can be proud of! In the global arena, Tupperware Brands has been making waves in the areas of Empowering Women with our Chain of Confidence

**Tupperware Brands Joins UN Women to Advance Global Women's Economic Empowerment** 



The launch of UN Women's Private Sector Leadership Advisory Council, held at United Nations Headquarters in New York on 2 June 2014.

In June, CEO Rick Goings participated in UN Women's Private Sector Leadership Advisory Council launch. Tupperware Brands will collaborate with UN Women to promote, support and accelerate strenathen women's economic empowerment.

At the launch, Rick stated that, "UN Women's commitment to economic empowerment is perfectly aligned with Tupperware Brands' unique business model - Our model proves that unlocking women's potential is good for communities and business."

We provide women with entrepreneurial training, mentorship and support to breakthrough barriers in their way.



#### **Tupperware CEO talks business**

#### **CEO Rick Goings Pays a Visit to Maria Bartiromo at FOX Business Network**

In an interview on Opening Bell with Maria Bartiromo, CEO Rick Goings discusses the strength of emerging markets, product line changes and women's empowerment.

When asked about why Tupperware Brands is a supporter of women's empowerment, Rick Goings says "It's altruistic reason because you want to make the world a better place but it's good for business as well. It's (women) a dynamic resource out there and our whole focus is changing lives. They call it the Tupperware Effect where we will micro-finance her, give her free training, she'll go out, taste success. When she tastes success, then she'll feel confident. When she feels confident, she's an influence. This makes great business sense as well.

He also talks about changing the world and how Tupperware adapts "Back then, we were 85% food storage, now we're less than a third food storage. We're very big in the kitchen prep. One of the great trends in the world is urbanization. And busy people - men and women - don't have the time to prepare food. We show them, we came up with the first Micro Gourmet Steamer, where people say you can't put metal in a microwave? Yes you can if it doesn't know it's there. So she can steam, cook a meal in twelve minutes. And that, we've changed product lines."

http://www.foxbusiness.com/on-air/opening-bell/index.html#/v/3603160684001



We're world-class!



Presidential Directors receive a total of over RM4.2 million!



**Confidence Video** 



Chain of

Over 2,600 Tupperware Brands enthusiast from Malaysia and Singapore, from Consultants to Presidential Directors gathered at the Sunway Convention Centre for one of the best Jubilee ever!

The 2 days event kicked off with a bang with lots of cheering and excitement from the crowd. There were fantastic product launches, exciting lucky draws and even brilliant performance from our local rock artist Faizal Tahir. More than that, the Jubilee 2014 was the ultimate recognition of achievements in rank-up, sales and recruiting. A whopping RM4.2 million was also given out to our Presidential Directors for their growth bonus!

What a night indeed!





# Tupperware Brands EduPlan

#### How much does it cost to raise a child?

As reported in the New Straits Times, 27 Aug 2014, it costs over RM300,000 to bring up a child from 0-17 years old. In Singapore, the numbers are even more staggering S340,000 from 0-21 years old! It's no wonder parents are either having less children, or feeling the pinch and tightening their belts.

## Their future depends on you

## Childcare & Education is EXPENSIVE!

Total cost to raise a child from 0 to 17 years (inflation adjusted to 1%)		
Babysitting	RM 78,000	
Milk	RM 14,000	
Diapers and toiletries	RM 3,000	
Medical bills	RM 10,000	
Clothing	RM 25,000	
Kindergarten	RM 13,000	
Transport	RM 25,000	
Allowance	RM 15,000	
Food	RM 63,000	
Extra-curricular activities	RM 50,000	
Miscellaneous	RM 22,000	
	RM 318,000	

If you want your child to study at a university in	Total cost of raising a child (from birth to university)
Malaysia	RM 472,491
Australia	RM 1,079,215
Canada	RM 900,594
Japan	RM 2,054,061
New Zealand	RM 993,861
USA	RM 1,075,606
UK	RM 1,249,091

Two-Thirds of the cost goes to education (tertiary level). Needless to say, the cost escalates if you plan on educating your child overseas.

Here's a comparison found in a Malaysian parenting blog in 2010.\*

\*http://christopherteh.com/blog/2010/08/rm1-1-million-to-raise-a-child-in-malaysia/

# Where does the MONEY GO?

Another interesting article\*\* calculates the cost of raising kids by age bands in Singapore.

#### Infant care (2 to 18 months) Estimate: \$20,000-\$40,000

Help is needed to look after the baby if both parents are working. They may be able to enlist the help of in-laws or other relatives. If this is not an option, an alternative is to hire domestic help or entrust the baby to infant care centres. Infant care centres charge \$700 to \$840 per month for half-day programmes and \$1,000 to \$1,200 for full-day care programmes.

In addition, other infant care expenses for things such as milk powder, diapers, clothes and vaccinations must be allocated for.

## Child care (18 months to below 7 years old) Estimate: \$25,000-\$80,000

Care costs for a child rather than a toddler can start from \$350 for half-day programme and from \$550 for a full-day one. The monthly cost may go up by another \$900 if the family decides to hire a foreign maid to do chores and look after the child when he is not in school.

\*\*http://www.healthxchange.com.sg/healthyliving/childrenhealth/Pages How-Much-Does-It-Cost-to-Raise-a-Child.aspx



## Primary, secondary and pre-university education Estimate: \$40,000-\$70,000

Education is expensive and can cost up to \$40,000 including living expenses from primary to pre-university level. This excludes fees for enrichment classes such as music and ballet.

#### University education Estimate \$100,000-\$500,000

Most financial experts agree that the largest single cost for raising a child comes from tertiary education – especially if it is overseas. In 20 years' time, a degree from a university in Singapore will set you back by nearly \$100,000.



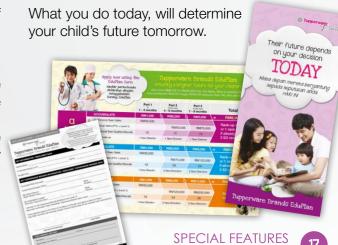
# Start EARNING for their LEARNING NOW!

Be it in Malaysia or Singapore, the cost to bring up a child is staggering.

With inflation, the increasing cost of living, the cost can only go up.

So, it's never too early to start saving for your child. Sign-up for the Tupperware Brands EduPlan where you can earn up to RM10,000 in just 9 months. The money can be used to defray expenses – pay for school fees, school uniforms, tuition fees or put the money in an investment fund and see it grow!

Enquire from your upline Director or call Customer Care for the application form.



# New

Whiter,
Brighter,
Younger-Looking
Skin, the latest Premier Whitening skincare by Nutrimetics!

Whiter,
Skin, the latest Premier Whitening skincare by Nutrimetics!

Skin, the latest Premier Whitening skincare by Nutrimetics!

Skin, the latest Premier Whitening skincare by Nutrimetics!

This month, I'm

excited to share with you

my secret to fair looking

Ideal for my combination skin, the Premier Whitening helps to increase my skin's brightness and fairness with the licorice and mulberry root extract.

I noticed that my pigmentation and dark spots have reduced after using the products for 4 weeks. What's more, my friends commented that I look younger than my age!

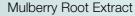
Follow the 3 easy steps below and you are on your way to fairer looking skin!

	Day <del>'</del> ∰	Night (
CLEANSE Step	Premier Whitening PURIFYING CLEANSING FOAM	Premier Whitening PURIFYING CLEANSING MILK PURIFYING CLEANSING FOAM
TONE Step	Premier Whitening PURIFYING TONING LOTION	Premier Whitening PURIFYING TONING LOTION
MOISTURIZE Step	Premier Whitening MOISTURISING DAY CREAM SPF 15	Premier Whitening REPLENISHING NIGHT CREAM

## Brightening



- Controls melanin production caused by sun exposure for brighter skin
- Anti inflammatory properties help reduce redness



 Natural whitening agent that lightens and evens out skin tone without irritation

#### Vitamin C

 Inhibits melanin production to reduce pigmentation

### Anti-aging Benefits

Strawberry Leaf Extract

 High in antioxidants,
 Vitamin C helps lighten skin and fight oiliness

#### Grapeseed Extract

 A powerful antioxidant that prevents premature aging caused by UV exposure

#### Vitamin E

Protects skin from UV damage



Apricot Kernel Oil

Balances moisture level,









# The Best Choice for your family

Recently, The Star newspaper (Front page, pg 5, 19 Aug 2014) ran an exclusive expose of water from vending machines. One of the reports found that water samples from vending machines contained bacteria and germs from human and animal faeces!

From the articles, we've picked out more dangers from vending machines and put them together in a simple comparison for you to use when promoting the NanoNature Water Filtration System.



Clearly, the NanoNature Water Filtration System is the best choice for clean, clear, nutrient rich water straight from the tap.

to reach out to you potential customers.

to reach out to your potential customers. Show them the importance of having a good water filtration system at their own homes to ensure that they and their loved ones are not at risk!



#### **HYGIENE**



**ASSURANCE** 

**MAINTENANCE** 

**HAZARDS** 

COST

#### **Water Vending Machine**

VS

- Found to contain bacterial contamination from animal faeces
- **★** 6 out of 14 water samples found to contain Coliform and E.Coli
- ★ Added chlorine or fluoride is required to kill bacteria
- The slot where water is dispensed is found to be dirty, rusty and without a door
- ★ Installed amidst a shop lot corridor amidst strewn rubbish
- X No assurance of water cleanliness or quality
- X Poorly maintained
- Not serviced regularly, becomes a potential bacterial breeding ground
- ★ The bacteria found can cause cramps, diarrhea and other gastrointestinal problems
- **★** 20cent per litre

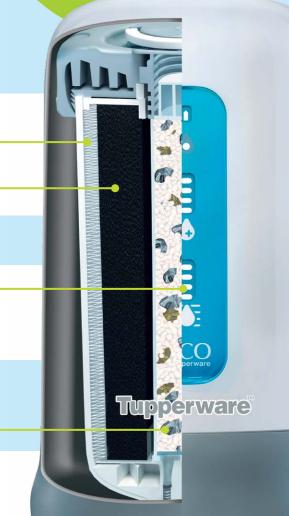
### **NanoNature Water Filteration System**

- ✓ NanoCeram<sup>®</sup> technology eliminates 99.99% bacteria and viruses
- No need for harmful chlorine to kill bacteria
- ✓ Patented pleated NanoCeram® removes impurities and can trap the minutest of sediments and fine particles
- ✓ Tested and certified by NSF and WQA





- Easy maintenance. Indicator lights to inform you when to change cartridge and enhancement tank
- Increases the alkalinity level of water, touted to be beneficial for health
- Bakuhan rocks enhance water with beneficial minerals
- 11cent per litre



20

LIVING WELL

# 5 FACTS Milk Thistle

FACT

Milk thistle was used as a natural treatment since 1st Century B.C. Proven to be one of the most valuable and beneficial herbal remedies available anywhere in the world.

FACT 5

Good for non-liver related conditions:

- Lowers cholesterol
- Improves blood sugar levels
- Reduces hot flashes and menopausal symptoms

FACT 4

Good for liver related conditions:

- Drug and alcohol induced liver damage
- Hepatic toxicity caused by steroid usage
- Fatty liver, non-alcoholic fatty liver disease

Source: Milk Thistle Benefits - LiverSupport.com

#### **Protect Your Liver**

NaturCare Organic Lacto-Fiber contains Milk Thistle which helps to protects and reduces damage to our liver. Just consume 2-3 times daily can restore inner health to ensure overall wellbeing.



Safe and no side effects. Milk thistle can be used safely and effectively for pregnant and breast feeding mums

FACT 3

Helps to regenerate cells and reduce cell damage in liver tissue. Protects the body from damage caused by free radicals which can injure healthy cells and tissues.





Tupperware Eco-Warriors in Primary Schools

Working hand-in-hand with Sin Chew Daily for the 2nd year, Tupperware Brands is back to drive the eco initiatives in primary schools. This year, we're heading to 30 Chinese primary schools, double the amount of schools as of last year, reaching out to almost 50,000 students and their parents!

Aimed at educating students about their roles and importance of protecting and preserving the environment, and to cultivate a habit of 'BYO-Bring Your Own' to the children in their early age.

During this campaign, lots of activities were planned out. An entertaining yet educational sketch to educate students on the importance in preserving the environment, eco board to educate environmental issues and Eco Q&As. A special appearance of our Eco Bottle mascot was present to entertain the students with a sing along Tupperware 5R song and dance.



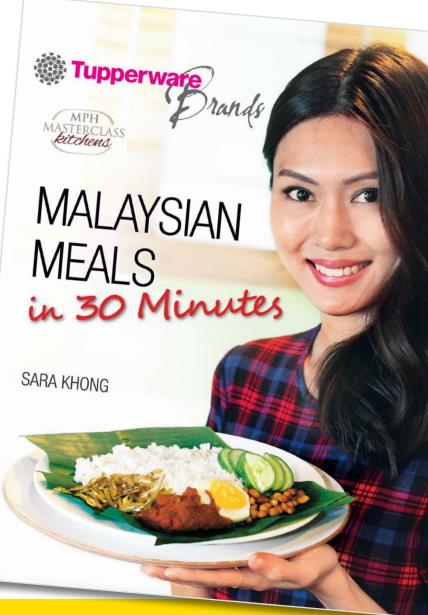
# MALAYSIAN MEALS in 30 Minutes

Tupperware recently collaborated with Sara Khong on a cook book titled 'Malaysian Meals in 30 Minutes'. Featuring simple, quick and easy Malaysian recipes, this book will also feature some of Sara's favourite Tupperware products that she loves using when she's preparing her meals.

## Who is Sara Khong?

Founder and editor of Jewelpie.com, an online home lifestyle magazine for the modern Malaysian woman, Sara Khong loves cooking popular recipes by celebrity chefs and food bloggers in a simplified way.





#### **GET IT NOW!**

Sara Khong's Malaysian Meals in 30 Minutes is available at all MPH bookstores for RM39.90 retail price. For a limited time only, customers who purchase the cook book will receive a FREE Rectangular Saver 500ml container and a discount voucher to purchase Snowflake Square Round set! Hurry and grab a copy!

Available in **MPH Bookstores** 

Tupperware Brands Malaysia Sdn. Bhd. (287324-M) (AJL93542) 6, Jalan SS13/4, Section 13, Subang Jaya

Industrial Estate, 47500 Subang Jaya, Selangor.



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