

Empowering You to Healthy Living

HealthToday

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RM6.50 / S\$3.50

**'I'm Pregnant,
Finally!'**

MUST-KEEP

**DIRECTORY
OF FERTILITY
CLINICS**

**When Assisted
Living Becomes
Necessary**

Love Your Hubby
**6 POINTS
TO RELAX**

WORLD FERTILITY AWARENESS MONTH

**Let's Talk
About Fertility!**

**The Problem with
Impacted Wisdom Teeth**

**'MY QUEST
FOR A BABY'
BROOKE SHIELDS**



naturcare™

ORGANIC LACTO-FIBER

59 Carefully Selected Ingredients
from Nature for a Healthier Lifestyle



IMPROVE YOUR HEALTH WITH ORGANIC LACTO FIBER

1. Balanced Nutrients and Organic Wholemeal Diet

It contains an abundant supply of nutrients such as vitamins, minerals, unsaturated fatty acids, enzymes and plant protein from organic sources that help replenish loss of nutrients in the body.

2. Restores Body Function

It contains anti-oxidant properties that helps combat free radicals.

3. Cleanses Toxins from the Body

Dietary Fiber helps cleanse the intestine walls, increase bowel movement and reduce the risk of toxin build up. It also helps mop up toxin circulating in the blood stream, bind fats and oils and flush them out of the system.

4. Protects The Body by Strengthening the Immune System

Its unique formulation enriched with Probiotic, Prebiotic and Enzymes builds and strengthens the Immune System for healthier living.

DO YOU HAVE ANY OF THESE SYMPTOMS?

- Irregular bowel movement
- Have gastric / flatulence constantly
- Often feel numb on hands or feet
- Feels tired easily
- Have bad breath
- Catch a cold easily

If you ✓ one or more of the above boxes, consider taking NaturCare™ Organic Lacto-Fiber. It can help to relieve all the above.

MAKE Lacto-Fiber part of your daily diet now!

For more information on the product and where to get hold of Naturcare Organic LactoFiber call our

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Another quality product by **Tupperware** Brands