

Empowering You to Healthy Living

HealthToday

OCTOBER 2008
www.healthtoday.net

RM6.50 / S\$3.50

17 PAGE SPECIAL ARTHRITIS

'DON'T LET IT KEEP YOU DOWN!'

- I RHEUMATOLOGIST ON
WHAT'S TRUE, WHAT'S NOT
- II ORTHOPAEDIC SURGEON ON
TREATMENT OPTIONS
- III **ARTHRITIS DO'S AND DON'TS**
MANY FACES OF ARTHRITIS | PHYSIOTHERAPY
EATING RIGHT | PAIN MANAGEMENT TIPS
GET THE SUPPORT YOU NEED

'Thank God, I'm
Free from Pain'
A Sufferer Shares His Story

PODIATRIST TALKS
ABOUT FOOT HEALTH

Cheesy Recipes
For Keeps

Milk Thistle
FOR YOUR PRECIOUS LIVER

HOW TO LOSE
THAT BELLY FAT

WHAT YOU MUST KNOW
ABOUT ALZHEIMER'S DISEASE

Must-Keep:
First Aid for Sprains & Fractures

HOW **MUSIC**
CAN SOOTHE THAT ACHING
OSTEOARTHRITIS!

DENNIS LAU

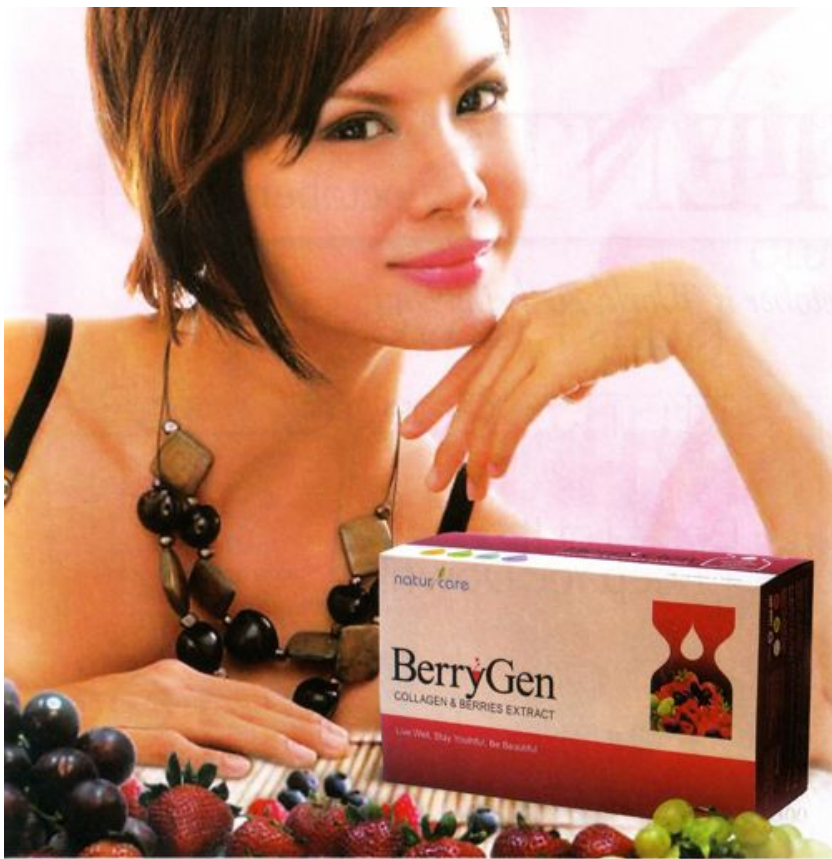
"WHEN PERFORMING,
IT IS VERY
IMPORTANT
TO MAINTAIN
GOOD BODY
POSTURE..."



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KDN: PP9626/12/2008 (020245)

naturcare™
BerryGen
 COLLAGEN & BERRIES EXTRACT



*Live Well,
 Stay Youthful,
 Be Beautiful.*

Just one sachet a day contains all of nature's essentials to renew, rejuvenate and protect... so you can live life in good health, feeling young and your natural beauty shining through.

BEAUTY THROUGH GOOD HEALTH !

A natural and potent blend of collagen and extracts from multi-berries, added with vitamin and essential nutrients to renew, rejuvenate and protect... for a healthier, younger you.

ADVANCED FORMULATION

A French formulation of collagen plus multi-berries extract with added amino-acids. All the essential nutrients for good health.

98% ABSORPTION RATE

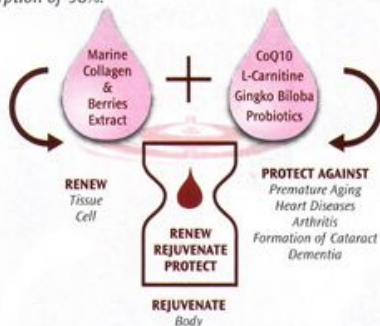
Using the bio-enzymatic hydrolysis technology to extract collagen in finer molecular structure, allowing a maximum absorption of 98%.

17 TYPES OF AMINO-ACIDS

A mix of 17 amino-acids giving multiple health benefits. Also has 10% hydroxyproline, an essential amino-acid that effects the firmness and elasticity of skin.

SAFE & NATURAL

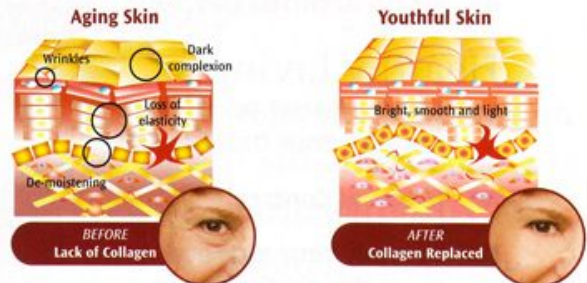
A natural food source, free from chemical additives, preservatives, coloring and flavoring. Also fat-free and cholesterol free.



NATURCARE BERRYGEN IS EFFECTIVE !

COLLAGEN

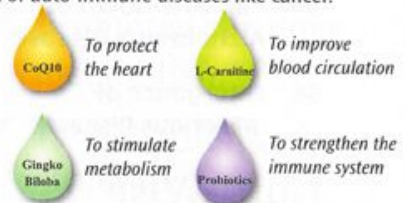
As we age, our collagen level decreases, resulting in facial lines, wrinkles and poor complexion.



ANTI-OXIDANTS

The extract of premium berries, rich in vitamins B & C, are known to be potent anti-oxidants that help fight against free radicals. It also helps protect against the risk of auto-immune diseases like cancer.

AMINO-ACIDS AND ESSENTIAL NUTRIENTS



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Another quality product by



NaturCare BerryGen!



What do you get when you mix the extracts of berries and collagen with vitamins and essential nutrients? NaturCare BerryGen, a natural yet advanced formulation, has all these ingredients to ensure a healthier, younger looking you!

BerryGen is a safe, all-natural food source without any chemical preservatives, additives, flavouring or colouring. It is a French formulation that includes 17 amino acids to maintain skin flexibility and elasticity, while providing many other health benefits.

Not only that, the collagen content of BerryGen helps fight wrinkles and retain the suppleness of skin.

Just one sachet a day!

Yes, you only need one sachet a day to be right on track to renewing and rejuvenating your body.

One box of NaturCare BerryGen contains 20 sachets and is available at RM199. For more information, call 1 300 88 5500.

Get a free sachet of NaturCare BerryGen by completing the form below and mailing it back to us by 31 October 2008.

Name:
Age: NRIC:
Address:
Telephone: E-mail:

Send the form to: **HealthToday/BerryGen Promotion,**
United Medica Sdn Bhd, 5th Floor, Tower 2, Wisma MCIS Zurich, Jalan Barat,
46200 Petaling Jaya, Selangor.

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