

# herworld

*So Real, So Chic!*

FEB 2010 RM7



## VA-VA-VOOM!

FASHION & BEAUTY TIPS FOR A SEXIER YOU

### CREATE A CANDLELIGHT DINNER

Fail-safe ideas to impress him

# all about Romance

# 175 ways to keep that fire burning!

**WIN!** LUXURY FACIALS WORTH RM5050!

**ACHIEVE YOUR GOALS NOW!**  
Easy ways to think positive

COVER STORY  
**Samantha Schubert & Oliver Knotts**  
On love, devotion and growing old together

**DRAMA IS GOOD FOR YOUR CHILD**  
*Turn to pg142 and find out why!*



### Save the tigers!

Tigers have long inspired us with its beauty, strength and power. Unfortunately, there are those who believe consuming its body parts would bring about these special attributes, while others desire them as exotic pets. With threats from poachers, illegal traders and habitat loss, only 500 of these majestic creatures are left in our forests compared to over 3000 half a century ago.

Let's not make this Year of the Tiger their last. Do your bit to protect tigers in their natural habitat by joining *Tx2: Double or Nothing!* a tiger protection campaign organised by WWF-Malaysia. At the launch on February 20 at the Fo Guang Shan Dong Zen Temple in Jenjarum, Selangor, 1000 human faces will be painted with tiger stripes to symbolise efforts to double the wild tiger population.

To join in this fun record-setting bid, contact WWF-Malaysia senior communications officer Sara Sukor at 03-7803 3772 ext 6412.



## Eco efforts

Environmental updates and green tips to be kind to our blue planet.

*Other than storing spices, empty jam or condiment jars can be used as drink containers as already seen in some modern-time kopitiam. Chic and cheap!*

— Justlife Reuse Guide

### PLASTIC BOTTLE THREAT



Your regular plastic bottle container for bottled water, also known as the PET bottle can release chemicals that pollute water sources. Bringing your own supply of drinking water in reusable bottles can help save money as well as Mother Earth. An eco-friendly option would be Tupperware's ECO bottles (RM49.80 each). They're recyclable, water-tight, with easy grip and wide mouth for pouring.



### RIZALMAN GOES GREEN

Designer bags can come in many forms. One in particular is a durable water-resistant, and most importantly, eco-friendly shopping bag by local designer Rizalman Ibrahim. It's made entirely from disused plastic bottles! Available at all Tesco outlets at RM4.99 each.