

Press Release



Media : Her World
Date : Oct 2013
Page : 89
Published : Monthly
Language : English
Circulation : 40, 000 (claimed)



Her World is a magazine for the woman who is smart and stylish, reflecting its tagline: So Chic, So Real. It is for the mature woman who is balancing various roles in life. It also offers ideas on fashion and beauty as well as ways to improve well being and happiness in general.



Hydration boost

This silky cream proves that moisturisers can be both luxurious and light at the same time.



NUTRIMETICS NUTRI-MOIST EL EXTRA LIGHT MOISTURISING CRÈME

When it comes to hydrating your skin, it's not about slathering on a thick layer of cream in hopes of improving its dryness. Doing so can often be counterproductive, causing clogged pores and a congested complexion. An effective moisturiser gets the job done without packing it on, allowing carefully selected ingredients to infuse deep into the skin, providing hydration from within. The Nutrimetics Nutri-

Moist EL Extra Light Moisturising Crème does exactly that by combining the best of nature with the latest scientific advancements to help achieve a supple and more youthful complexion. Its formula of botanical oils such as apricot kernel oil, peach kernel oil, and wild pansy extract boosts hydration by working in harmony with skin's natural moisturising tendencies. The lightweight texture glides on smoothly without making skin look oily, as this cream also works to regulate oil products to reduce clogged pores and excess shine.



Emilia Ahmad, 34, Pharmacist

"This cream offers great moisture without being sticky or greasy. I loved the light scent and how easily the cream absorbed into my skin. Even with such a small amount, my skin stayed hydrated for more than eight hours. After a week, my skin felt naturally moisturised."



Linda Chua, 36, Banker

"I have very sensitive skin, so I felt a slight sting at first, but it quickly subsided. My skin then felt immediately plump and hydrated. I prefer applying skincare that helps my makeup stay on throughout the day, and this one really lived up to my expectation!"



Apply this every day to achieve soft and supple skin



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Tupperware Brands Special

Wholesome cooking

Want to prepare a tasty, healthy meal in just minutes? We'll show you how, using TupperChef Inspire Cookware and Asian Meals' pre-mix sauces.



Remember when your stir-fry turned out too dry? And the veggies had burnt just a little bit? Or that time when your attempt at *char kway teow* ended in a gluggy, soggy mess? Maybe it's not you, but the wok, and a new one could help.

WATER-LESS AND GREASE-LESS COOKING

The Inspire Cookware collection comprises a saucepan, a casserole pot, a stock pot, a fryer and a wok. Very little water or oil is needed to cook your dish, as these utensils have the ability to preserve natural juices from the ingredients being used. How is this possible?

All the utensils from this range come with a moisture lock glass lid and valve that forms a seal. During the cooking process, juices from the meat or vegetables turns into steam. By closing the valve, steam can't escape from the pot, it drips back in and is effectively used to cook the dish.

When dishes are cooked this way, 98 per cent* of its natural vitamins, minerals and micronutrients are preserved. The natural colour and flavour of the ingredients used are also preserved, creating a dish that is not only tasty, but healthy as well!

Source: articleseen.com

TupperChef Inspire and Asian Meals pre-mix sauces are exclusively available at all Tupperware Brands authorised business centres. Call 1300 88 5500 or visit www.tupperwarebrands.com.my for more info.

WHOLESOME FIXES

Think pre-mix sauces are unhealthy? Think again, as Asian Meals' pre-mix sauces are free from preservatives, MSG, trans-fat and gluten.

Pineapple Sauce

Made from fresh pineapples, you can either use this sauce as salad dressing, or add it into a stir-fried dish for a sweet and sour taste.

Rendang Paste

Suitable for all meat dishes, this paste will save you the hassle of grinding and blending different ingredients when preparing rendang.

Oriental Stir-Fry Sauce

Add extra flavouring to your favourite Asian dish by mixing a packet of this sauce into your almost cooked meat, vegetable or seafood dish. Let it sit for three minutes and voila, you're done!

Sambal Tumis Sauce

Everyone loves something spicy once in awhile. To fulfil this craving, use this sauce to create a traditional sambal or as condiment when serving a dish.

Szechuan Soya Bean Sauce

Made from chillies and fermented soya beans, the best way to enjoy this sauce is to drizzle it over stir-fried vegetables or fried fish.

Thai Green Curry Paste

Skip the process of making green curry from scratch by using this paste to make the base. Made from fresh Thai herbs and green chillies, all you need to do is mix it in boiling water, add in meat and vegetables, and it's done!



PRESENT THE COLOURFUL ASIAN MEALS PRE-MIX SAUCES AT ALL TUPPERWARE BRANDS AUTHORISED BUSINESS CENTRES. CALL 1300 88 5500 FOR MORE INFO.