

# Press Release

Media : Her World  
Date : Mar 2015  
Page : 161  
Published : Monthly  
Language : English  
Circulation : 40, 000 (claimed)



Her World is a magazine for the woman who is smart and stylish, reflecting its tagline: So Chic, So Real. It is for the mature woman who is balancing various roles in life. It also offers ideas on fashion and beauty as well as ways to improve well being and happiness in general.



**ONIGIRI**  
with egg noodles  
and edamame  
Preparation time: 5 minutes  
Cooking time: 15 minutes

**For black sesame and chia seed onigiri:**

*Ingredients:*

- 2 cups cooked short grain rice
- 1 ½ tbsp toasted black sesame seed
- 2 tsp chia seed
- ¼ tsp salt
- 1 tsp white vinegar
- ½ sheet of toasted nori, cut into 8 pieces

*Method:*

1. In a large bowl, add sesame seed, chia seed, salt and vinegar into cooked rice and mix well.
2. Divide the rice mixture into eight portions and get a bowl of clean water ready. Moisten your hand with water as you shape the balls – this will prevent the rice from sticking onto your hand. Place one portion of rice onto your hand and squeeze firmly and shape it into a ball.
3. Wrap each ball with toasted nori right before serving.

**For egg noodles and edamame:**

*Ingredients:*

- 2 eggs
- A dash of pepper
- A pinch of sea salt
- 1 cup of frozen edamame

*Method:*

1. In a pot of boiling water, cook edamame for a few minutes. Drain and sprinkle with sea salt.
2. Crack eggs into a bowl, season with salt and pepper, and beat the egg lightly. Pour mixture into a non-stick frying pan and cook for one minute. Turn over and cook for another half a minute. Set aside to cool and roll into a cylindrical shape. Cut into half a centimetre wide stripes.

**Tip**

**“You may add salmon, tuna flake, meat floss or sausage into the onigiri. Form a ball of rice, press a hollow in the middle and stuff the filling inside.”**

– Sara Khong

# Press Release

Media : Her World  
 Date : Mar 2015  
 Page : 181  
 Published : Monthly  
 Language : English  
 Circulation : 40, 000 (claimed)



Her World is a magazine for the woman who is smart and stylish, reflecting its tagline: So Chic, So Real. It is for the mature woman who is balancing various roles in life. It also offers ideas on fashion and beauty as well as ways to improve well being and happiness in general.

## PANDA MADNESS

The 1,600 pandas, along with French artist Paulo Grangeon, the "Father of 1600 Pandas", arrived in Malaysia last December as the third stop of the 1600 Pandas World Tour in the Asian region. Themed "Initiating the Culture of Creative Conservation", the adorable pandas journeyed to more than 15 iconic landmarks in Malaysia. Debuting in Dataran Merdeka, the 1,600 pandas were welcomed in a spectacular event filled with excitement and anticipation.

French sculptor artist Paulo Grangeon posed with some of his 1600 pandas at Dataran Merdeka.

## UNDER ONE ROOF

The grand opening of Eight Gourmets Gala at The Pinnacle Annexe

THE EIGHT EATERIES ARE CAFFEINEES, HOOK & COOK, MALT BERRY APES, YI, HAKKA CRAB, CHIYO SUSHI, NIBBLES AND CONFESSIONS OF LADY LAURA.

Eight Gourmets Gala (EGG), the latest brainchild of the team behind the Black Market, Caffeinees and Niu Taste, officially opened its door at The Pinnacle Annexe, Bandar Sunway. More than 300 guests attended the opening ceremony including Tan Sri Dr. Jeffrey Cheah, Founder and Chairman of Sunway Group, and Hans Essaadi, Managing Director of Guinness Anchor Berhad. The concept features eight eclectic dining concepts under one roof.

## AWARENESS MONTH

In conjunction of Breast Cancer Awareness month last October, Tupperware Brands raised RM15,000 to extend its support to fight against breast cancer among Malaysian women. The proceeds will be given to the Breast Cancer Woman Association (BCWA) to help breast cancer survivors and families.

From left: Wong Ee Ling, Margaret, Tammy Tam, Tham Ying Hoong

ACCORDING TO STATISTICS, ONE OUT OF 19 MALAYSIAN WOMEN IS DIAGNOSED WITH BREAST CANCER, MAKING IT THE MOST COMMON FORM OF CANCER.

## TIME FOR GIVING

Christmas came early last year for 30 children from Kiwanis Malaysia, as Energizer engaged the media, bloggers and celebrities to play Santa and bring battery-powered yuletide fun at their Energizer Power of Giving event. The celebration was held at the ground floor of Highstreet, iUtama Shopping Centre. For the campaign, Energizer partnered with Hamleys – renowned toy brand from the UK – to bring joy to children with Down Syndrome and underprivileged children.