

Press Release



Media : Her World
 Date : May 2015
 Page : 161
 Published : Monthly
 Language : English
 Circulation : 40,000 (claimed)



Her World is a magazine for the woman who is smart and stylish, reflecting its tagline: So Chic, So Real. It is for the mature woman who is balancing various roles in life. It also offers ideas on fashion and beauty as well as ways to improve well being and happiness in general.

TUPPERWARE BRANDS SPECIAL

Tua's COMPANY

Stepping into the kitchen and cooking alongside your mum can seem like a nightmare. But not for Lee Siew Lin and Carrie Anne, who share how they've grown closer since they started cooking together.



Carrie Anne Long, 38

Lee Siew Lin, 60

When she was seven, Carrie would help her grandmother out in kitchen, where she was allowed to flip eggs with a spatula and fry vegetables. As a teenager, she started making some of her own dishes to impress her then-boyfriend. But the real test began when her grandma suffered a stroke and Carrie had to help her mum in the kitchen. Now, both mum and daughter weigh in on what it's like to team up in the kitchen.

HW: PEOPLE OFTEN SAY IT'S HARD TO SHARE A KITCHEN WITH THEIR MUMS. DO YOU THINK THAT'S TRUE?

CA: "My mum observes my cutting skills and tells me how to do it the 'right' way. My response used to be 'Whatever way you do it, it's going to end up in

your stomach!' But I've learnt the importance of cutting ingredients symmetrically so the dish looks more presentable, and over time I also learnt how to make my mum's special dishes."

SL: "I always have the final say, but I've learnt how to be less petty over small things. It's interesting to learn new things from your kids. Thanks to her, I know how to use pre-mixed sauces such as the Sambal Tumis sauce and Rendang paste from Tupperware Brands Asian Meals."

HW: CARRIE, WHAT DID YOU LEARN ABOUT YOUR MUM FROM COOKING ALONGSIDE HER?

CA: "I'm thankful for our time together in the kitchen as I've learnt a lot about her childhood. I now have a better understanding of what my grandparents were like, and I got to find out the stories behind the recipes that have been

"THE TURBO CHOPPER HELPS ME CUT THE CHOPPING PROCESS BY HALF, AND TUPPERWARE PRODUCTS ARE IDEAL FOR STORING FOOD AS THEY KEEP THE CONTENTS FRESH."

handed down in our family for generations."

HW: SIEW LIN, WHAT ARE SOME OF THE TOOLS YOU'VE HAD TO ADJUST TO THAT HAS MADE COOKING EASIER?

SL: "During her time, my mum used choppers and pestles but now cooking is easier and faster with food processors, blenders and juicers. Likewise, my mum used frying pans to deep-fry chicken, but I use the oven and electric air fryer to prepare healthier meals."

HW: HOW DO YOU USE TUPPERWARE BRANDS PRODUCTS TO PREPARE HEALTHY AND FAST MEALS?

SL: "These meals don't

have to be boring or bland, and one of my favourites is baked chicken cutlets. Just marinate the chicken fillet using salt, pepper, sugar, and sesame oil. Keep the marinated fillet in a Tupperware container overnight in the fridge. The next day, break a few cream crackers into crumbs using the Turbo Chopper. Coat the chicken fillet first with egg white and then the crumbs. Sprinkle some olive oil into the TupperChef Inspire Fryer, arrange the fillet in the fryer and let it bake for 30 minutes. You're done!"

CA: "Mum makes this and I love eating it for lunch."

REHEATABLE DIVIDED LUNCH BOX

If you are looking for a container that you can use to pack healthy meals, then get this. Divided into three sections, this box comes with a vent that can be used to keep your food warm.

TURBO CHOPPER

In addition to chopping onions and garlic, this chopper can be used to mash solid food like cooked carrots into fine puree for your little one.

CRYSTALWAVE SOUP MUG

Worried about your soups and stews getting cold? Then this reheatable mug is perfect for you! When it gets cold, just place it in the microwave with the lid on! You can also use it to pack beverages.

*Tupperware Brands products are exclusively available at all Tupperware Brands Authorised Centres. For more information, log on to www.tupperwarebrands.com.my or call 1 300 88 5360.